

Half term	Topic	In this unit of work students learn	Lesson overviews
<p>Term 1 Resilience</p>	<p>Drugs and alcohol Substance misuse and relation to mental and physical health. How to seek help for addictions. Strategies for identifying risky and emergency situations.</p> <p>H19 H20 H21 H23</p>	<ul style="list-style-type: none"> - Different types of drugs and their effects on the body - Consequences of substance use and misuse for the mental health and physical health and wellbeing of individuals and their families and the wider consequences for communities. - Wider risks of illegal substance use for individuals, including for personal, safety, career, relationships and future lifestyle. - Identify, manage and seek help for unhealthy behaviours, habits and addictions including smoking cessation - Strategies for identifying risky and emergency situations including online; ways to manage these and get appropriate help, including where there may be legal consequences (eg drugs, alcohol, violent crime, gangs) 	<p>Lesson 1 (11/9) Different types of drugs and their effects on the bo</p> <p>Lesson 2 (25/9)</p> <p>PCSO delivering whole year group session</p> <p>Lesson 3 9/10</p> <p>Identify, manage and seek help for unhealthy behaviours, habits and addictions including smoking cessation</p> <p>Consequences of substance use and misuse for the mental health and physical health and wellbeing of individuals and their families and the wider consequences for communities.</p> <p>Wider risks of illegal substance use for individuals, including for personal, safety, career, relationships and future lifestyle.</p> <p>Lesson 4 (23/10)</p> <p>Strategies for identifying risky and emergency situations including online; ways to manage these an get appropriate help, including where there may be legal consequences (eg drugs, alcohol, violent crime, gangs)</p>
<p>Drop down days/Guest speakers</p>			
<p>Assessment</p>			
<p>Term 2 Reflection</p>	<p>Addressing extremism and radicalisation Community cohesion and challenging extremism</p>	<ul style="list-style-type: none"> • about communities, inclusion, respect and belonging • about the Equality Act, diversity and values • about how social media may distort, mis-represent or target information in order to influence beliefs and opinions 	<p>Lesson 1 (13/11)</p> <ul style="list-style-type: none"> • about communities, inclusion, respect and belonging • about the Equality Act, diversity and values <p>Lesson 2 (27/11)</p>

	PoS refs: R5, R6, R9, R10, R14, R28, R29, R30, R31, R34, L24, L26, L27, L28, L29	<ul style="list-style-type: none"> • how to manage conflicting views and misleading information • how to safely challenge discrimination, including online • how to recognise and respond to extremism and radicalisation 	<ul style="list-style-type: none"> • about how social media may distort, misrepresent or target information in order to influence beliefs and opinions • how to manage conflicting views and misleading information <p>Lesson 3 (11/12)</p> <ul style="list-style-type: none"> • how to safely challenge discrimination, including online • how to recognise and respond to extremism and radicalisation
Drop down days/Guest speakers			
Assessment			
Term 3 Respect	<p>Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography</p> <p>PoS refs: R1, R2, R3, R6, R7, R8, R14, R15, R18, R19, R22, R28, R29, R30, R31</p>	<ul style="list-style-type: none"> • about relationship values and the role of pleasure in relationships • about myths, assumptions, misconceptions and social norms about sex, gender and relationships • about the opportunities and risks of forming and conducting relationships online • how to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours • about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent • how to recognise and respond to pressure, coercion and exploitation, including reporting and accessing appropriate support • how to recognise and challenge victim blaming • about asexuality, abstinence and celibacy 	<p>Lesson 1 (8/1)</p> <ul style="list-style-type: none"> • about relationship values and the role of pleasure in relationships • about myths, assumptions, misconceptions and social norms about sex, gender and relationships <p>Lesson 2 (22/1)</p> <ul style="list-style-type: none"> • about the opportunities and risks of forming and conducting relationships online • how to manage the impact of the media and pornography on sexual attitudes, expectations and behaviours <p>Lesson 3 (5/2)</p> <ul style="list-style-type: none"> • about the ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent
Drop down days/Guest speakers			
Assessment			
Term 4	Exploring influence	<ul style="list-style-type: none"> • about positive and negative role models 	<p>Lesson 1 (26/2)</p> <ul style="list-style-type: none"> • about positive and negative role

<p>Resourceful</p>	<p>The influence and impact of drugs, gangs, role models and the media</p> <p>PoS refs: H19, H20, H21, R20, R35, R36, R37</p>	<ul style="list-style-type: none"> • how to evaluate the influence of role models and become a positive role model for peers • about the media's impact on perceptions of gang culture • about the impact of drugs and alcohol on individuals, personal safety, families and wider communities • how drugs and alcohol affect decision making • how to keep self and others safe in situations that involve substance use • how to manage peer influence in increasingly independent scenarios, in relation to substances, gangs and crime • exit strategies for pressurised or dangerous situations • how to seek help for substance use and addiction 	<p>models</p> <ul style="list-style-type: none"> • how to evaluate the influence of role models and become a positive role model for peers • about the media's impact on perceptions of gang culture <p>Lesson 2 (11/3)</p> <p>about the impact of drugs and alcohol on individuals, personal safety, families and wider communities</p> <ul style="list-style-type: none"> • how drugs and alcohol affect decision making • how to keep self and others safe in situations that involve substance use <p>Lesson 3 (25/3)</p> <p>how to manage peer influence in increasingly independent scenarios, in relation to substances, gangs and crime</p> <ul style="list-style-type: none"> • exit strategies for pressurised or dangerous situations • how to seek help for substance use and addiction
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Drop down days/Guest speakers

Assessment

<p>Term 5 Responsibility</p>	<p>Democracy and Freedom of speech</p> <p>NC Citizenship KS4: 1, 2, 3</p>	<ul style="list-style-type: none"> • Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press • The different electoral systems used in and beyond the UK and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond 	<p>Lesson 1 (22/04)</p> <ul style="list-style-type: none"> • Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press <p>Lesson 2 (20/5)</p> <ul style="list-style-type: none"> • The different electoral systems used in and beyond the UK and actions citizens can take in democratic and electoral processes to influence
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Drop down days/Guest speakers			
Assessment			
Term 6 Future	Preparing for life beyond NMS Credit and debit, Pensions, Public Money, Mortgages NC Citizenship KS4: 9	Income and expenditure, credit and debt, insurance, savings and pensions, financial products and services and how public money is raised and spent	Lesson 1 (10/6) Income and expenditure Credit and debt Lesson 2 (24/6) Insurance Savings and pensions Financial products and services Lesson 3(8/7) How public money is raised and spent
Drop down days/Guest speakers			
Assessment			