



Monday 27th April 2026

Dear Parent / Carer,

Wellbeing Walks Day 2026 (sign up by Friday 22nd May 2026)

Creating opportunities for students to participate in extra-curricular activities in and out of school continues to be a priority at New Mills School and we are pleased to see how keen many of our students (and staff!) are to get involved with the range of lunch and after school clubs on offer. We are keen to give **every** student the opportunity to get involved in extra-curricular experiences because we understand how important these activities can be in cementing friendships, building strong staff and student relationships and for making memories and having fun!

As per last year, we will be moving our traditional “enrichment day” (Alton Towers, etc.) to September and replacing our end of term enrichment with a wellbeing walks day. This was highly successful last year and we even got excellent weather!

We will be inviting all students in **Years 7 to 9** to sign up for a wellbeing walk on **Thursday 18th of June**. Year 10 students will be taking their mock exams on this day so will not be involved.

All students will be off site for the day, taking part in a wellbeing local walk. There are three levels of difficulty (Easy, Medium and Hard) providing an opportunity to get out of school and explore our local area.

Wellbeing walk choices

Activity	Description
EASY – 1 Hayfield	Sett Valley Trail to Hayfield. Picnic in Hayfield Park and return walk back to school
EASY – 2 Marple	A walk through the Torrs, onto the canal and along the canal into Whaley Bridge. Picnic in Whaley Bridge and a return walk back to school
MEDIUM – 1 Lantern Pike	Opportunity to take part in a local walk around the Lantern Pike and Mellor/Rowarth area <i>Please note this will involve hills!</i>
MEDIUM – 2 Big Stone	A walk up Laneside Road to Big Stone. Looping round into Hayfield. Picnic in Hayfield Park and return walk back to school along the Sett Valley Trail. <i>Please note this will involve hills!</i>
HARD Kinder	Opportunity to take part in a local walk around Kinder Scout Please note, students will need to meet at Hayfield Bus Station for this walk.

Please note this will involve hills!

Numbers for this walk are capped at 50 students for health and safety reasons. You will need to book early if you would like to take part in this walk as it was very popular last year

Please discuss with your child which walk they would like to take part in and sign them up using this form [Wellbeing walks day - Thursday 18th of June – Fill out form](#) by Friday 22nd May 2026.

If you have any further questions, please get in contact with your child's Year Manager.

Year 7 – Nicola Quigley – nquigley@newmillsschool.co.uk

Year 8 – Dani Brooks – dbrooks@newmillsschool.co.uk

Year 9 - Amy Barker - amybarker@newmillsschool.co.uk

Yours sincerely,

Emma Adrio

Deputy Headteacher