

Long Term Plan – Life Studies (2026-27)

Vision: To empower students with life skills, ethical understanding and strong study habits, enabling them to make informed choices and achieve their full potential at GCSE and beyond. By combining elements of Religious Studies, PSHE and study skills, the course provides a framework for understanding different perspectives while developing personal confidence and resilience. Students will learn how to organise their learning, revise effectively and approach exams with confidence. At the same time, they will build the knowledge and skills needed to navigate relationships, wellbeing and future pathways responsibly and successfully."							Year End Points
	HT1	HT2	HT3	HT4	HT5	HT6	
Year 10	Relationships and the Family (3 lessons) APL	PSHE (4 lessons) 1. How can my strengths, interests and education help me decide where to go? 2. Making decisions about the future 3. Finding work locally and internationally 4. What are my rights and responsibilities at work	Is Religion Dangerous? (4 lessons) APL	PSHE (3 lessons) 1. How can you tell if a friendship is positive? 2. What affects our ability to connect with others? 3. How can we deal with grief and loss?	Study Skills (3 lessons) MTA	PSHE (4 lessons) 1. How the internet can help me achieve my goals 2. How we tackle challenges to our goals and dreams 3. How can we create a positive reputation online? 4. How important is money for happiness?	By the end of Year 11, students will know how personal, social, ethical and civic issues influence individual and community life. They will understand the importance of healthy relationships, wellbeing, justice, financial awareness and responsible decision-making, while demonstrating the study habits and independent learning skills necessary for success in further education and beyond. Students will be able to reflect on different viewpoints, make reasoned judgements and take increasing responsibility for their own learning and development.
Year 11	Preparing for Exams (4 lessons) MTA	PSHE (3 lessons) 1. What health issues affect females? 2. How can someone deal with romantic rejection? 3. What are our responsibilities around sex and intimacy?	Justice (3 lessons) APL	Independent Supported Study APL	Independent Supported Study		