

Long Term Plan – Health and Social Care (2026-2028)

Vision: Learners will spend Y10 on Component 1 & Component 2. They will take the component 3 external test in May year 11. Therefore, component 2 will be taught either side of year 1 followed with component 3 with the majority of the content being delivered in term 1 and 2. Component 1 will be submitted at the end of year 10.							Year End Points
	HT1	HT2	HT3	HT4	HT5	HT6	
Year 10	<u>A1 Human growth and development across life stages</u> Learners will explore different aspects of growth and development across the life stages, using the physical, intellectual, emotional and social (PIES) classification Life stages and their expected key characteristics in each of the PIES classifications 1. Infancy (birth to 2 years) 2. Early childhood (3–8 years) 3. Adolescence (9–18 years) 4. Early adulthood (19–45 years) 5. Middle adulthood (46–64 years) 6. Later adulthood (65+ years)	<u>A2 Factors affecting growth and development</u> Learners will explore the different factors that can affect an individual’s growth and development. Different factors will impact on different aspects of growth and development. 1. Physical factors 2. Lifestyle factors 3. Emotional factors 4. Social factors 5. Environmental factors 6. Economic factors 7. Relationship changes 8. Life circumstances	<u>B1 and B2 Explore Life Events that occur in an individual’s life and their impacts using PIES Classification</u> B1 How we cope with change caused by Life events •Types of Life Events •Physical Events •Relationship Changes •Life Circumstances B2 •Character traits that influence us •Sources of support to help us adapt •Types of support us adapt	<u>Component 1 PSA – Assignment Tasks 1, 2, 3a, 3b</u> Revision of component 1 Learners will prep for final assessment with teacher support. February – Assessment of C1 released Feb- April – Students complete assessment for C1 Task:1 Demonstrate growth and development through PIES Task 2 Demonstrate understanding of Impact of differing factors on PIES growth and development Task 3a: Demonstrate knowledge of impact of life events on PIES growth and development Task 3b: Demonstrate knowledge of how individuals adapt to life events	<u>Component 2: Health and Social Care services and values</u> Learners will explore health and social care services and how they meet the needs of service users. A1 Healthcare services Learners will explore a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available. 1. Health conditions Health Care Services 1. Primary Care Primary care providers 2. Secondary and tertiary Care 3. Allied Health professionals 4. Multidisciplinary teams A2 Social Care Services 1. Services for children and young people 2. Services for adults or children with specific needs 3. Services for older adults 4. Informal social care A3 Barriers to accessing services 1. Definition of barriers 2. Types of barrier and how they can be overcome by the service providers or users		Skills Summarizing research Comparisons Discussions Debates Evaluations Analysing Case studies Good knowledge on key health and Social care terminology and be able to confidently expand on key terms. Be able to use PIES to analyse life stages • Infancy / childhood/adolescence • Early adulthood • Middle adulthood • Later adulthood LA1 Understand the different areas of PIES that affect development based on age. LA2 Understand holistic development and that development rarely occurs in one area alone. LA2 Understand that the areas of PIES have an impact on other areas of PIES. LA2 To evaluate how aspects of PIES impact positively and negatively upon each other LA2 ADD - B1 ADD - B2 C2 Learners will understand what at are the different health and social care services Understand the barriers individuals may face when trying to access them Understand what are the main care values are Understand what does being vulnerable mean Who needs to access support? How to people access support?

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	HT1	HT2	HT3	HT4	HT5	
Year 11	B1 Skills and attributes in health and social care Learners will explore the skills and attributes that are required when delivering care. - Skills - Attributes B2 Values in health and social care Learners will explore the values that are required when planning and delivering care. - The 6 Cs B3 The obstacles individuals requiring care may face Learners will explore the personal obstacles that individuals requiring and receiving care may face. - Definition of obstacles - Potential obstacles B4 The benefits to individuals of the skills, attributes and values in health and social care practice Learners will explore how skills, attributes and values benefit individuals when receiving care.	Component 2 PSA – Assignment Tasks 1, 2, 3, 4 & 5 Revision of component 2 Learners will prep for final assessment with teacher support. October – Assessment of C2 released Oct – Dec Students complete assessment Task 1 – demonstrate knowledge and understanding of how health care services work together to meet the needs of an individual. Task 2 - demonstrate knowledge and understanding of how social care services meet the needs of an individual. Task 3 – Demonstrate knowledge and understanding of barriers an individual could face when accessing services in health or social care. Task 4 - learners will demonstrate their knowledge and understanding of how health care professionals demonstrate the skills, attributes and values when delivering care to an individual. Task 5 - Demonstrate knowledge and understanding of how the skills, attributes and values of care professionals can help an individual to overcome potential obstacles.	Component 3: Health and Wellbeing Learners will study the factors that affect health and wellbeing, learn about physiological and lifestyle indicators, and person-centred approaches to make recommendations and actions to improve health and wellbeing. A1 Factors affecting health and wellbeing B1 Physiological indicators B2 Lifestyle indicators	C1 Person-centred approach C2 Recommendations and actions to improve health and wellbeing C3 Barriers and obstacles to following recommendations	C3 Revision and exam technique. External Assessment Exam Main synoptic assessment for the qualification. Component 3 builds directly on Components 1 and 2 and enables learning to be brought together and applied to realistic contexts.	AO1 Knowledge of health and wellbeing AO2 Understanding of health and wellbeing AO3 Apply knowledge and understanding of health and wellbeing AO4 Analyse and evaluate knowledge and understanding of health and wellbeing