

YEAR 9 MEDIUM TERM PLAN New Mills School

PERSONAL DEVELOPMENT

Half term	Topic	In this unit of work students learn	Lesson overviews
<p>Term 1 Resilience</p>	<p>Corriel Award</p> <p>PoS refs:H24, H25, H26, R14, R15</p>	<ul style="list-style-type: none"> Team working to produce a campaign to prevent under age drinking 	<p>Lesson 1 (11/9) Intro to Corriel Award</p> <p>Lesson 2 (25/9) Prep</p> <p>Lesson 3 9/10 Prep</p> <p>Lesson 4 (23/10) Dragon’s Den judging</p>
<p>Drop down days/Guest speakers</p>			
<p>Assessment</p>			
<p>Term 2 Reflection</p>	<p>Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p>PoS refs: R39, R40, R41, R3, R4, R42, R43</p>	<ul style="list-style-type: none"> how to manage influences on beliefs and decisions about group-think and persuasion how to develop self-worth and confidence about gender identity, transphobia and gender-based discrimination how to recognise and challenge homophobia and biphobia how to recognise and challenge racism and religious discrimination 	<p>Lesson 1 (13/11)</p> <ul style="list-style-type: none"> how to manage influences on beliefs and decisions about group-think and persuasion how to develop self-worth and confidence <p>Lesson 2 (27/11)</p> <ul style="list-style-type: none"> about gender identity, transphobia and gender-based discrimination <p>Lesson 3 (11/12)</p> <ul style="list-style-type: none"> how to recognise and challenge homophobia and biphobia how to recognise and challenge racism and religious discrimination
<p>Drop down days/Guest speakers</p>			
<p>Assessment</p>			
<p>Term 3 Respect</p>	<p>Intimate relationships</p>	<ul style="list-style-type: none"> about readiness for sexual activity, the choice to delay sex, or enjoy intimacy without sex 	<p>Lesson 1 (8/1)</p> <ul style="list-style-type: none"> about facts and misconceptions relating to

	<p>Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p> <p>PoS refs: R7, R8, R11, R12, R18, R24, R26, R27, R28, R29, R30, R31, R32, R33, R34, L21</p>	<ul style="list-style-type: none"> • about facts and misconceptions relating to consent • about the continuous right to withdraw consent and capacity to consent • about STIs, effective use of condoms and negotiating safer sex • about the consequences of unprotected sex, including pregnancy • how the portrayal of relationships in the media and pornography might affect expectations • how to assess and manage risks of sending, sharing or passing on sexual images • how to secure personal information online 	<p>consent</p> <ul style="list-style-type: none"> • about the continuous right to withdraw consent and capacity to consent <p>Lesson 2 (22/1)</p> <ul style="list-style-type: none"> • about readiness for sexual activity, the choice to delay sex, or enjoy intimacy without sex • about STIs, effective use of condoms and negotiating safer sex • about the consequences of unprotected sex including pregnancy <p>Lesson 3 (5/2)</p> <ul style="list-style-type: none"> • how the portrayal of relationships in the media and pornography might affect expectations • how to assess and manage risks of sending, sharing or passing on sexual images • how to secure personal information online
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Drop down days/Guest speakers

Assessment

<p>Term 4 Resourceful</p>	<p>Healthy lifestyles Diet, exercise, lifestyle balance and healthy choices and first aid</p> <p>PoS refs: H3, H14, H15, H16, H17, H18, H19, H21</p>	<ul style="list-style-type: none"> • about the relationship between physical and mental health • about balancing work, leisure, exercise and sleep • how to make informed healthy eating choices • how to manage influences on body image • to make independent health choices • to take increased responsibility for physical health, including testicular self examination 	<p>Lesson 1 (26/02)</p> <ul style="list-style-type: none"> • about the relationship between physical and mental health • about balancing work, leisure, exercise and sleep <p>Lesson 2 (11/3)</p> <ul style="list-style-type: none"> • how to make informed healthy eating choices • how to manage influences on body image <p>Lesson 3 (25/3)</p> <ul style="list-style-type: none"> • to make independent health choices
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Drop down days/Guest speakers			
Assessment			
Term 5 Responsibility	Rule of Law NC Citizenship KS3: 1, 2	<ul style="list-style-type: none"> The development of the political system of democratic government in the United Kingdom, including the role of citizens, Parliament and the monarch The operation of Parliament, including voting and elections, and the role of political parties 	Lesson 1 (22/04) <ul style="list-style-type: none"> Democratic government, the role of citizens, Parliament and the monarch Voting and elections, role of political parties. Lesson 2 (20/5) <ul style="list-style-type: none"> Visit to Northern Justice Museum?
Drop down days/Guest speakers			
Assessment			
Term 6 Future	Mental Health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change. PoS refs: H2, H5, H6, H7, H8, H9, H10	<ul style="list-style-type: none"> how to manage challenges during adolescence how to reframe negative thinking strategies to promote mental health and emotional wellbeing about the signs of emotional or mental ill-health how to access support and treatment about the portrayal of mental health in the media how to challenge stigma, stereotypes and misinformation 	Lesson 1 (10/6) <ul style="list-style-type: none"> how to manage challenges during adolescence how to reframe negative thinking Lesson 2 (24/6) <ul style="list-style-type: none"> strategies to promote mental health and emotional wellbeing about the signs of emotional or mental ill-health how to access support and treatment Lesson 3 (8/7) <ul style="list-style-type: none"> about the portrayal of mental health in the media how to challenge stigma, stereotypes and misinformation
Drop down days/Guest speakers			
Assessment			

