

YEAR 7 MEDIUM TERM PLAN New Mills School		PERSONAL DEVELOPMENT		
Half term	Topic	In this unit of work, students learn	Lesson overviews	Whole Curriculum PD links
Term 1 Resilience	<p>Transition and safety</p> <p>Transition to secondary school and personal safety in and outside school, including first aid</p> <p>PoS refs: H1, H2, H30, H33, R13, L1, L2</p>	<ul style="list-style-type: none"> how to identify, express and manage their emotions in a constructive way how to manage the challenges of moving to a new school how to establish and manage friendships how to identify personal strengths and areas for development personal safety strategies and travel safety, e.g. road, rail and water how to respond in an emergency situation 	<p>Lesson 1 (11/9)</p> <ul style="list-style-type: none"> how to manage the challenges of moving to a new school <p>Lesson 2 (25/9)</p> <ul style="list-style-type: none"> how to establish and manage friendships <p>Lesson 3 9/10</p> <ul style="list-style-type: none"> personal safety strategies and travel safety, e.g. road, rail and water how to respond in an emergency situation <p>Lesson 4 (23/10)</p> <ul style="list-style-type: none"> how to identify, express and manage their emotions in a constructive way how to identify personal strengths and areas for development 	<p>Computer science – Online safety, Social media – managing risk online, Sexting and cyberbullying.</p> <p>PE – Benefits of regular physical activity for physical/ social/ mental wellbeing.</p> <p>Drama – Relationships, Impact of the way we treat others, Explore positive ways to treat others.</p>
Drop down days/Guest speakers		Basic first aid course (date)		
Assessment				
Term 2 Reflection	<p>Diversity</p> <p>Diversity, prejudice, and bullying</p> <p>PoS refs: R3, R38, R39, R40, R41</p>	<ul style="list-style-type: none"> about identity, rights and responsibilities about living in a diverse society how to challenge prejudice, stereotypes and discrimination the signs and effects of all types of bullying, including online how to respond to bullying of any kind, including online 	<p>Lesson 1 (13/11)</p> <ul style="list-style-type: none"> about identity, rights and responsibilities about living in a diverse society <p>Lesson 2 (27/11)</p> <ul style="list-style-type: none"> how to challenge prejudice, stereotypes and discrimination 	

		<ul style="list-style-type: none"> how to support others 	<ul style="list-style-type: none"> the signs and effects of all types of bullying, including online Lesson 3 (11/12) <ul style="list-style-type: none"> how to respond to bullying of any kind, including online how to support others 	
Drop down days/Guest speakers				
Assessment				
Term 3 Respect	Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM PoS refs H5, H13, H14, H15, H16, H17, H18, H20, H22, H34	<ul style="list-style-type: none"> how to make healthy lifestyle choices including diet, dental health, physical activity and sleep how to manage influences relating to caffeine, smoking and alcohol how to manage physical and emotional changes during puberty about personal hygiene how to recognise and respond to inappropriate and unwanted contact about FGM and how to access help and support 	Lesson 1 (8/1) <ul style="list-style-type: none"> how to make healthy lifestyle choices including diet, dental health, physical activity and sleep how to manage influences relating to caffeine, smoking and alcohol Lesson 2 (22/1) <ul style="list-style-type: none"> how to manage physical and emotional changes during puberty about personal hygiene Lesson 3 (5/2) <ul style="list-style-type: none"> how to recognise and respond to inappropriate and unwanted contact about FGM and how to access help and support 	Science RSE – Male and female reproductive systems, Menstrual cycle, Fertilisation, Birth, Effect of maternal lifestyle on foetus, getting and avoiding pregnancy. Geography – Comparing life on India and the UK, Quality of life in slum housing in India
Drop down days/Guest speakers				
Assessment				
Term 4 Resourceful	Responsible citizens Understanding more about how citizens work together to improve their communities.	<ul style="list-style-type: none"> the roles played by public institutions and voluntary groups in society. The ways in which citizens work together to improve their communities Opportunities to participate in school-based activities. 	Lesson 1 (26/02) <ul style="list-style-type: none"> the roles played by public institutions and voluntary groups in society. The ways in which citizens work together to improve their communities 	

	NC KS3 Citizenship:5		Lesson 2 (11/3) <ul style="list-style-type: none"> • Making a change at New Mills School Lesson 3 (25/3) <ul style="list-style-type: none"> • Making a change at New Mills School 	
Drop down days/Guest speakers				
Assessment				
Term 5 Responsibility	Financial decision making Saving, borrowing, budgeting and making financial choices PoS refs: H32, L15, L16, L17, L18	<ul style="list-style-type: none"> • how to make safe financial choices • about ethical and unethical business practices and consumerism • about saving, spending and budgeting • how to manage risk-taking behaviour 	Lesson 1 (22/04) <ul style="list-style-type: none"> • how to make safe financial choices • about ethical and unethical business practices and consumerism Lesson 2 (20/5) <ul style="list-style-type: none"> • how to manage risk-taking behaviour 	
Drop down days/Guest speakers		•		
Assessment				
Term 6 Future	Preparing for y8 Families and parenting, Conflict resolution and relationship changes, digital literacy PoS refs: H2, R1 R2 , R6, R19, R21, R22, R23, R35, R36	<ul style="list-style-type: none"> • about online communication • how to use social networking sites safely • how to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation • how to respond and seek support in cases of online grooming • about different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering • about positive relationships in the home and ways to reduce homelessness amongst young people • about conflict and its causes in different contexts, e.g. with family and friends • conflict resolution strategies • how to manage relationship and family 	Lesson 1 (10/6) <ul style="list-style-type: none"> • about online communication • how to use social networking sites safely • how to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation • how to respond and seek support in cases of online grooming Lesson 2 (24/6) <ul style="list-style-type: none"> • about conflict and its causes in different contexts, e.g. with family and friends • conflict resolution strategies Lesson 3 (8/7)	

		<p>changes, including relationship breakdown, separation and divorce</p> <ul style="list-style-type: none"> • how to access support services 	<ul style="list-style-type: none"> • about different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering • about positive relationships in the home and ways to reduce homelessness amongst young people <ul style="list-style-type: none"> • how to manage relationship and family changes, including relationship breakdown, separation and divorce • how to access support services 	
Drop down days/Guest speakers				
Assessment				